## Professional Bio

## Alisa Klepser, LPCC, CWC

Alisa earned her MS from Walden University and the National Certified Counselor designation. She is Re- Wellness Center, Inc.'s founder and executive director. This nonprofit provides comprehensive wellness programs and educational services. In addition, she is the founder and clinical director of The Re- Counseling Group that provides transformative coaching. Alisa has over 13 years of clinical experience as a Licensed Professional Clinical Counselor (LPCC). She is a Certified Wellness Counselor (CWC), a Certified Autism Spectrum Disorder Clinical Specialist, Internal Family Systems Specialist, and an Emotional Freedom Techniques Specialist. In addition, Alisa has 17 years of teaching in higher academia. Currently, she is an adjunct professor teaching educational psychology at OSU-N and COTC.

Alisa has been married to Ben for over 22 years. Together they enjoy life's adventures with their two boys, Rylan, 20, Garrett, 15, and one dog, Mr. Rogers, 2.